



## Sheridan Community Support: COVID-19 Resources

### COVID-19 Tests & Vaccines

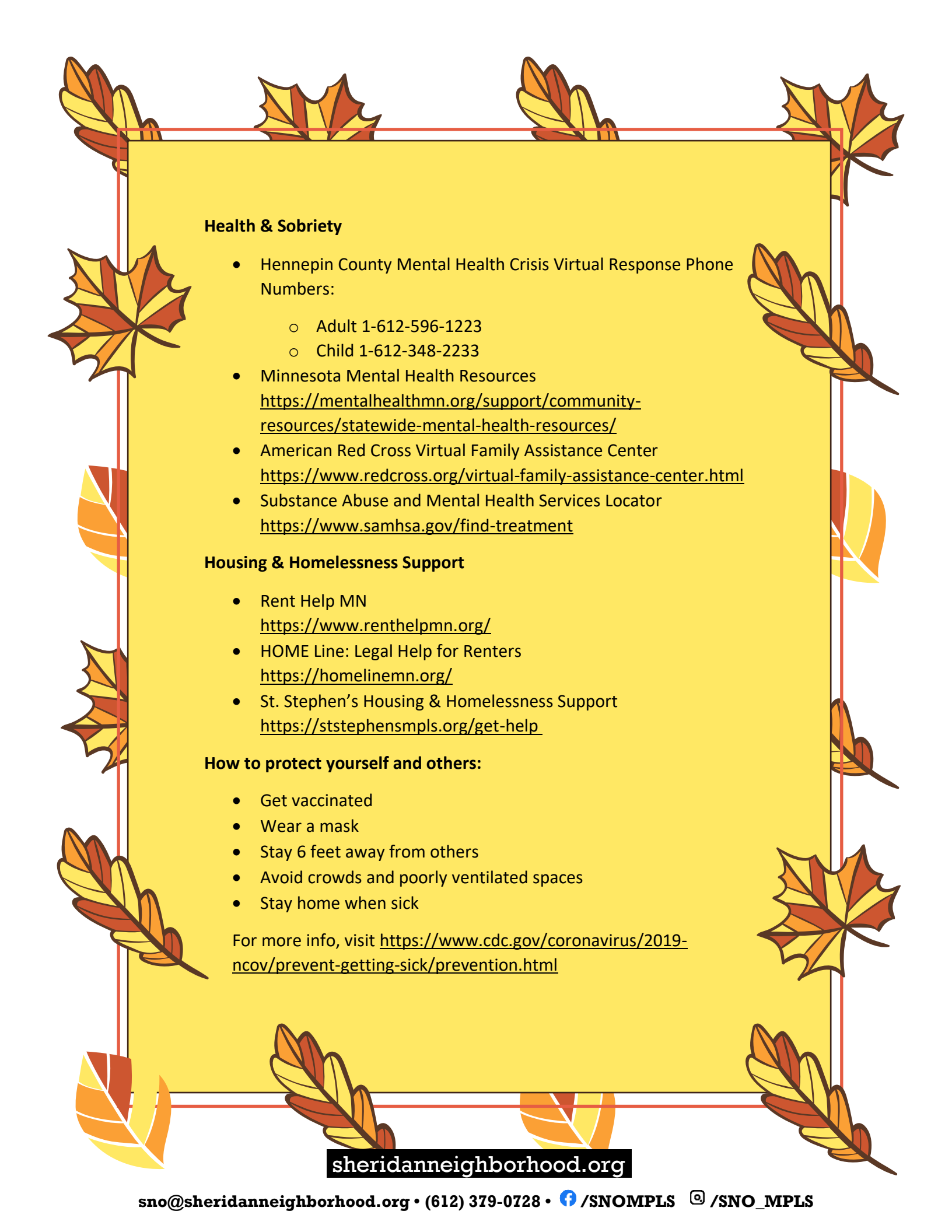
- What Should You Do If You Suspect You Have COVID-19?  
<https://www.mhealth.org/care/conditions/covid-19>
- City of Minneapolis COVID-19 Resources  
<http://www.minneapolismn.gov/coronavirus/WCMSP-223288>
- Get vaccinated! Vaccine locator:  
<https://mn.gov/covid19/vaccine/find-vaccine/locations/index.jsp>
- Get tested! Test locator:  
<https://mn.gov/covid19/get-tested/testing-locations/index.jsp>

### Unemployment

- Unemployment Benefits during COVID-19  
<https://www.uimn.org/applicants/needtoknow/news-updates/covid-19.jsp>
- Legal Help: Unemployment Benefits  
<https://www.lawhelpmn.org/self-help-library/work/unemployment-benefits>

### Free Food & Meals

- MN Food Helpline  
<http://www.hungersolutions.org/programs/mn-food-helpline/>
- Minnesota Food Pantries Lookup  
<https://www.foodpantries.org/st/minnesota>
- Little Kitchen Food Shelf  
<http://gracnempls.org/service/little-kitchen-food-shelf/>
- High Rise Mobile Food Shelf  
<https://www.esns.org/foodprograms>
- Meals on Wheels  
<https://meals-on-wheels.com/>



### Health & Sobriety

- Hennepin County Mental Health Crisis Virtual Response Phone Numbers:
  - Adult 1-612-596-1223
  - Child 1-612-348-2233
- Minnesota Mental Health Resources  
<https://mentalhealthmn.org/support/community-resources/statewide-mental-health-resources/>
- American Red Cross Virtual Family Assistance Center  
<https://www.redcross.org/virtual-family-assistance-center.html>
- Substance Abuse and Mental Health Services Locator  
<https://www.samhsa.gov/find-treatment>

### Housing & Homelessness Support

- Rent Help MN  
<https://www.renthelpmn.org/>
- HOME Line: Legal Help for Renters  
<https://homelinemn.org/>
- St. Stephen's Housing & Homelessness Support  
<https://ststephensmpls.org/get-help>

### How to protect yourself and others:

- Get vaccinated
- Wear a mask
- Stay 6 feet away from others
- Avoid crowds and poorly ventilated spaces
- Stay home when sick

For more info, visit <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>

[sheridanneighborhood.org](https://sheridanneighborhood.org)